

Activities to be done by various departments in relation with Nirogi Bal Year

Sr. No.	Activities
A	Woman and Child Development
1	Active participation in all activities of MAMATA Abhiyan as per Govt. GR.
2	Practicing IMNCI as per protocol in Phase I IMNCI districts
3	Introduce pre service IMNCI training at ICDS training centers
4	Registrations of all pregnant Mothers, breast feeding mothers and preschool children .
5	Form a taskforce to review the ICDS supplement menu and revise the same as per guidelines of taskforce
6	Technical co ordinate with state nutrition cell at Commissionerate of health
7	Identification of children with growth faltering/growth decline and provide special supplementation to them
8	Provide special supplementary nutrition to third and forth grade malnourished children and refer to Medical Officer for regular health check up and necessary treatment.
9	Identification of pregnant women with low BMI and special supplementation to them
8	participate in immunization activities to mother and child.
9	Participate in Biannual Vit.A supplementation rounds
10	IFA supply and follow up of pregnant mother and children as per state anemia management protocol
11	Distribution of Iodised salt to pregnant mothers & breast feeding mothers every month attending MAMTA divas
12	Register out of school Adolescent girls ,provide weekly IFA supplementation to them
13	Counsel every antenatal and postnatal mother for necessary health, FP, child care, care and support to girl child and nutrition education
14	Participate in Nutrition care and support units activity at block level
15	Arrange for 100% registration and attendance of preschool children at anganwadi.
16	Healthy child and mother competition at anganwadi and provision of prizes and organize such type of competition at every level like talukas, districts and State.
17	Anganwadi building should clean, safe and in good condition.
18	Develop kitchen garden at anganwadi and use the product for preparation of supplement
19	Necessary wall painting in anganwadi building for providing pleasant environment to child.
20	Arrangements of toys & games for mental development of children.
21	Arrangement for care of personal hygiene of children for e.g. clean water,

	soap, mirror, comb and towel
22	Every anganwadi must have clean and safe drinking water. Ensure that 100% anganwadi have sanitation facility.
23	Every anganwadi must have safe, hygienic and healthy kitchen.
24	Identify children with delayed growth /growth failure compared to healthy children and informed parents.
25	Cover pregnant women with Low BMI and children with altered / deteriorated growth under ICDS supervision.
26	Development of Anganwadi as a day care centers in Urban Area in addition to routine anganwadi activities.
27	All the children of Anganwadi must be examined under School Health Programme.
28	Every ICDS blocks should appoint medical officer with provision of vehicle and necessary medicines. This appointed MO must check every anganwadi regularly and also treat sick and malnourished children.
29	Distribution of Iodized salt to every family by Anganwadi Worker.
30	To organize recipe/Healthy food competition (VANAGI HARIFAI) for Anganwadi workers.
31	Participating Beti Bachao Abhiyan
32	Registration and Reporting of sex ratio at birth and under 6 children in registered population.
33	Accreditation of Anganwadi (indicators to include structure, facilities, sanitation, drinking water, Nutrition profile of children, attendance of children, mortality rates of beneficiaries ect.)
B	Education Drepartment
1	Ensure that each and every children is examined during school health programme
2	Preparing a school health card for tracking the growth and health profile of children
3	Design MDM menu as per norms under consultation with State nutrition cell at Commissionerate of Health
4	Developing Kitchen garden and plantation of trees useful in MDM supplement .
5	Weekly IFA supplementation in primary schools and girl students in high schools
6	Vitamin A supplementation to children in in primary schools
7	Regular De worming in primary school children
8	TT immunization program in highschoools
9	Organize regular competition of healthy child and health knowledge of child in school.
10	Every school to have big mirror so that child by viewing in mirror can recognise his / her personal hygiene status and about dress and personal appearance.
11	Ensure that every school has adequate clean and safe drinking water and sanitation facilities.
12	Ensure that school building and surrounding is safe in good condition and clean.
13	Hold parents meeting to discuss health profile of children based on school

	health check up and the action required
14	Organise life skill education program in schools
15	Organized preservice/ inservice training of teachers about healthy school environment, healthy children, counseling of children and identification of children with physical/mental/social challenges and refer them for care and support .
16	Initiate activities of Bal manch (meena manch) and Bal Cabinet (Meena cabinet) in every school.
17	In high schools formation of Health scouts (PEs), to be involved in planning and implementation of health events , early detection of children in need of care and support and to monitor healthy environment in school and participating in dissemination of life skill education message (learning by doing)
18	Prepare a health related oath and ensure that every school child takes oath as a reminder to the importance of the contents
19	Ensure that During prayer time school children should sing songs about health and health education.
20	Organize drawing/painting/assay / debate / quiz competition with health theme at school level/ taluk level & district level
21	Effective measures to Prevent sale of tobacco product like Pan, Bidi and Gutakha surrounding school
22	School should have playground with necessary infrastructure.
23	School building should have basic facility (slope/ toilet etc.) for handicap children
24	A policy draft for facility , care and support need norms for school for Challenged children and implementation of the same in schools
25	Mental health counseling service network should be developed
26	Health awareness oriented visits/picnics of students (Water works / sewage farm/ Civil hospital/ school for blind-deaf children)
27	Acredition of schools including indicators of health and sanitation facilities, health profile of children, health events, policy for challenged children etc.
C	Panchayat Department
1	Panchayat shall be responsible for planning , implementation and monitoring of Nirogi bal varsh activities
2	Organise Bal arogya mela at village/ taluka/District level where every child of the village should be weighed on that day (including multiple activities like health and sanitation exhibition, health check up/ health competition/ vaccination/ SCA screening/ sports and skill competitions/ anand mela with sale of healthy nutritious food etc.)
3	Organise sensitization seminar on “ Nirogi balak” at village level with active participation of AWWs / FHWs/ teachers (information about the health programs for mother and children its relavance for the village , service coverage in the village etc.)
4	Ensure all pregnant women and children underfive attend MAMTA divas every month
5	Ensure all beneficiaries of ICDS get nutritious food supplement regularly as per norms
6	Initiate participation of local women’s co operative/ Mahila mandal in

	preparation of supplement at Aganwadi/ MDM
7	"Gram poshan bag" grow vegetables and trees like Drumstick (Saragvo)/ papaya in compound of public institutions / common land and use the product for ICDS/ MDM beneficiaries as a first priority and excess to be sold at reasonable price in village .The income of sale to be used towards maintenance of the yojana
8	Ensure safe water supply to all families , regular testing of water sources and review of the same in meetings
9	Sanitation campaign to ensure that each house and village institutions have sanitary toilets
11	Gobar gas plants and Nirdhum chulah campaigns to be revived
12	Organise vigilant campaigns for plastic free villages/ safe disposal of plastic waste in a village
13	Review the location of SC/PHC in the village in terms of access and safety of the worker to stay and do the needful for the same
14	Regular review of the available facilities, utilization of services and activities of SC/PHC
15	Support the activities of Village health and sanitation committee
16	Ensure 100% Birth and death registration in the village
17	Ensure the transport facility for emergency need of pregnant mother and sick child
18	Village plan for care and support of pregnant women and children of BPL families should be prepared to ensure that they attend MAMTA divas, they utilize services of Chiranjivi yojana, they get benefit of Janani suraksha yojana, they are given care and support at home in first week of postpartum period by AWW/FHW, their children attend Anganwadi/school and they are effectively covered under FP services.
19	Beti bachao abhiyan to be intensified at village/taluk/ district level and health service coverage of girl children should be specifically reviewed by panchayat
20	Ensuring 100% enrolment of children in school
21	Shall prevent school dropouts
22	Ensuring safe and healthy environment in and around school
23	Ensuring safe and adequate water supply in school
24	Ensuring wholesome clean MDM at schools
25	Promotion of "Yuva mandal" (youth club) in a village and implementation of AFHS
26	Develop a library for children of the village
27	The indicators of Nirogi bal Year award should be displayed at panchayat and all efforts should be made to reach to optimum targets
D	Co operation Department
1	Village co operative society to develop a protocol to ensure preventive promotive health care services to pregnant mother and children of the family of their members
2	Village women's co operative society to participate/take up responsibility of preparing supplementary nutrition for ICDS beneficiaries / MDM beneficiaries with involvement of their members

3	Village co operative society to organize awareness programs on “Nirogi balak” for the
4	Milk co operative societies at village level to facilitate “Dudh dan” (milk donation) at least once a week for addition in the preparation of supplementary nutrition for ICDS beneficiaries
5	Vegetable growers co operative at village level to facilitate “ Shak dan” (Vegetable donation) at least once a week for addition in the preparation of supplementary nutrition for ICDS beneficiaries
6	Co operative banks, Milk co operatives, Sugar co operatives to adopt villages with poor health and nutrition indicators and facilitate overall strengthening of services towards maternal and child health
7	Milk co operatives to develop emergency service system for pregnant women and sick children at par with their veterinary services atleast for their member families
8	Co operative banks, Co operative societies to organise health check up, treatment and awareness camps for pregnant mother and children
9	Village level co operative society members to participate in health awareness campaigns and support and counseling (valsad dairy model)
10	Production and supply of Ready to eat nutritious and healthy packed notorious (Sukhdi) food supplements to pregnant mother and children of sugar factory labour coloney
11	Sugar factory to organize all activities pertaining to “Nirogi balak varsh” for the families working with them under labour contract
12	Sugar factory to develop crèches and day care centers for their contract labourers
13	Sugar factory to organize MAMTA Divas activities for their contract labourers
14	Sugar factory to provide supplementary nutrition for pregnant woman and preschool children of the contract labour families
15	Sugar factory to ensure guidance and support to pregnant women of contract labour for institutional delivery
16	Sugar factory shall organize Mobile clinic and Anganwadi for contractual labour
17	Sugar factory developing playground for children of contract labour
18	Sugar factory providing safe drinking water and sanitary toilet facility for families of contract labour
E	Industry department
1	Industries to adopt the villages with poor health and nutrition indicators and facilitate overall strengthening of services towards maternal and child health
2	Production and supply of Ready to eat nutritious and healthy packed notorious (Sukhdi) food supplements to pregnant mother and children
3	Industries to organize bal mela at village/taluk/district level
4	Industries to organize all activities pertaining to “Nirogi balak varsh” for the families working with them under labour contract
5	Industries to develop crèches and day care centers for their women employees, contract labourers as well as labour colonies
6	Industries to organize MAMTA Divas activities for their labour colonies/ contract labourers

7	Industries to organize bal mela in their labour colony as well as for contract labourers
8	Industries to provide supplementary nutrition for pregnant woman and preschool children of the contract labour families and in labour colonies
9	Industries to ensure guidance and support to pregnant women of the labour colone-y and contract labour for institutional delivery
10	Ensuring 100% school enrolment of children of labour coloney in school
11	Shall prevent school dropouts of children of labour coloney
12	Promotion of "Yuva mandal" (youth club) in a village and implementation of AFHS of children of labour coloney
13	Mobile clinic and Anganwadi for contractual labour
14	Mobile schools for contractual labours
15	Building up garden and sports facility in labour coloney
16	Developing a library for children in a village
F	Banks
1	Banks shall adopt villages in their jurisdiction the villages with poor health and nutrition indicators and facilitate overall strengthening of services towards maternal and child health
2	supply of Ready to eat nutritious and healthy packed notorious (Sukhdi) food supplements to pregnant mother and children
3	Organize bal mela at village/taluk/district level
4	Develop crèches and day care centers
5	Ensuring 100% school enrolment of children of village in school
6	Shall prevent school dropouts of children of village
7	Promotion of "Yuva mandal" (youth club) and implementation of AFHS for adolescents in a village
8	Mobile clinic and Anganwadi for farm laborers
9	Mobile schools for contractual labours
10	Building up garden and sports facility in village
11	Promote small savings in women and adolescents of the village
12	Provision of safe and adequate water supply in the village
13	Construction of roads in village
14	Developing a library for children in a village
G	Forest and environment department
1	Plantation of trees providing nutritious supplement like drumstick (Saragavo) should be promoted through out the year
2	Promotion of community and kitchen gardens in villages
3	Strengthen the maternal and child health care facilities in all village in the forest area.
4	Make provision for emergency transport service for pregnant mother and children
5	Mobile dispensaries / Angan wadi and schools
6	The transport facilities should be provided to the children to go to school in forest village .
7	The clean and safe drinking water should be provided the proper sanitation in village should also be taken care of.

8	Organize exhibition and education programs about forest and environment in schools
H	Road and Buildings
1	Repair and Maintenance of Aganwadi, School and sub centre buildings for each village.
2	Repair and maintenance of buildings of Awas yojana for poor
3	Put the hoardings of Nirogi balak messages on the roads.
4	Urgent building/repairing of the approach roads to schools, anganwadi, SC, PHC, CHC on priority
5	Provision for preventive promotive services for pregnant women and children of families employed in major projects and garib rojgari yojana
6	supply of Ready to eat nutritious and healthy packed nutritious (Sukhdi) food supplements to pregnant mother and children in families employed in major projects and garib rojgari yojana
7	Motivation and arrangements for institutional delivery (Government/Chiranjivi) of pregnant women in families employed in major projects and garib rojgari yojana
8	Building up safe roads and safe and child friendly school buildings
I	Water supply department
1	Provision of safe, potable adequate drinking water accessible to to each household
2	Regular monitoring of water quality in each village/ city.
3	Community education programs for water safety and management
4	Chronoscope should be given to schools of each village, children should be trained to test water and maintain record of the testing
5	School children to be trained for various methods of water purification
6	Special campaign for early diagnosis and prevention of fluorosis
7	Plan and implement water drainage system in the villages
J	Urban development
1	Organisation of Bal mela in the city as a part of launch of "Nirogi balak" where every child of the village should be weighed on that day (including multiple activities like health and sanitation exhibition, health check up/ health competition/ vaccination/ SCA screening/ sports and skill competitions/ anand mela with sale of healthy nutritious food/ educational book stalls/ cultural programs etc.)
2	Building/ hiring/ repairing / maintenance of adequate number of AWCs, Schools UHCs, & Hospitals in small towns & corporation areas
3	Upgrade facilities of pediatrics wards of the hospitals run by Municipality/ municipal corporations
4	Free medical care services for pregnant women and under five children in institutions run by Municipality and Municipal corporations
5	Organisation of MAMTA divas in Urban slums and slum like area
6	Ensure 100% institutional delivery at Government/ municipal institutions/ Chiranjivi centers
7	Organisation of mahasammelan of AWWs, health workers, SSG groups, UCD mahila mandal, other womens organization for information about Maternal and

	child health problems , programs and implementation of Nirogi balak
8	Provision of Safe Drinking Water supply/ drainage and toilet facilities in Slum areas and slum like areas
9	Peripheral services health services through Mobile clinics in Slum and urban development area
10	Organisation of maternal and child health camps at regular intervals
11	Continuous "Beti bachao Abhiyan" along with monitoring of sex ratio of the births registered maternity homewise and corrective action
12	Strengthening PPTCT activities in all institutions to prevent mother to child transmission of HIV
13	supply of Ready to eat nutritious and healthy packed nutritious (Sukhdi) food supplements to pregnant mother and children of slums and slum like area
14	Organise school health awareness programs
15	Implement health scouts project for out of school children
16	Integrated Campaigns for prevention of road traffic accidents
17	A vigilant campaign for safe plastic waste disposal trough community sensitization and participation
18	Nirogi balak marathon / cycle race
19	Developing children corner in City gardens with play facility for young ones and simple physical exercise facilities for elderones
20	Organising special awareness campaigns for care and support of physically, mentally challenged and severe chronic illness.
21	Crèches and day care centers for slum and slum like area
22	Regular IEC/BCC of "Nirogi balak" through local TV channels
23	Nirogi balak theme hoardings in the city
24	Every religious/ national celebration have "Nirogi balak" theme
25	Municipal wards acredition with indicators of "Nirogi Balak" and awards
26	Municipality/ Municipal corporation and its elected members responsibility to implement "Nirogi balak Varsh" celebrations and monitor the impact on out come indicators
K	Dept. Of Information
1	Make arrangement of Audio visual communication / T.V. Set in every Village.
2	Plan for regular film shows with message of child health, child development and care and support of girlchild, challenged child in all Villages/urban slums
3	Plan an IEC/BCC activities with effective messages under "Nirogi Bal" throughout the years
4	Organise for publication of regular articles of columnists related to Nirogi balak and Human development index of Gujarat
5	Organization of traditional media programs round the year with Nirogi bal theme in villages. Bhavai, Kathputli show, Dayra show etc. with the help of local artists.
6	" Nirogi Bal " theme for all events celebration.
7	Make arrangement for Publicity, IEC activities in Kite festival for " Nirogi Bal Varsh" Slogan and Messages.
8	One issue of Gujaratto be published on "Nirogi bal varsh"

L	Social welfare department
1	Effective campaigns and action for prevention of child marriage
2	Effective campaigns and action for prevention of child labour
3	Effective campaigns and action for prevention of childhood crimes
4	A special plan to enroll children of HIV infected and affected parents and sex workers/ critically ill parents due to any illness in BPL families in Government institutions
5	Popularize the adoption scheme of orphan children
6	Regular medical check up and treatment of children in orphanage/ juvenile homes/ remand homes/ nari sanrakshan homes
7	Total sanitation drive in all the institutions under social welfare departments orphanage/ juvenile homes/ remand homes/ nari sanrakshan homes
8	Scientific menu plan and adoption of the same in all the institutions under social welfare departments orphanage/ juvenile homes/ remand homes/ nari sanrakshan homes
9	Make adequate and safe educational facilities for SC/ST children
10	Organise social supervision visits of the institutions and hostels for prevention of exploitation of girl child with the support of NGOs
11	To make arrangement of mental health counseling services with the support of psychiatry department of medical colleges for children & their parents .
12	Sensitisation workshops of the officers regarding holistic approach towards Maternal and child health challenges
M	Labour department
1	Effective campaigns and action for prevention of child labour
2	To implement a special scheme for food and education for children of labourers.
3	To implement a special scheme for Nutrition and health care of pregnant mothers in labourers' resident areas
4	To develop a special scheme to promote institutional deliveries (Government/ chiranjivi) of pregnant women in labourers' resident areas
5	To develop a special scheme for promotion of FP program in labourers' resident areas
6	To initiate a total sanitation campaign in labourers' resident areas
7	Make arrangement for mobile dispensary in labourers' residential areas
8	Make arrangement for mobile Anganwadi in labourers' resident areas
9	Make arrangement for Creches and day care centers in labourers' resident areas
10	Organisation of IEC/BCC programs for maternal and child health in labourers' resident areas
11	Organise special health check up camps for the children of workers employed in the industry which has a hazard of transmission of health problem in their children
N	State transport department
1	To make arrangement for Hoardings, Banners, Wall - paintings with health messages in each S.T. stand/ stations.
2	To make arrangement for health messages panels in each bus.

3	To make provision for safe drinking water facility at each S.T. station.
4	To make provision for adequate clean sanitation facility for women and children at each S.T. stand.
5	To ensure cleanliness in every bus
6	Free bus pass to BPL and ST children for going to school and college
7	Free bus pass to pregnant women and mother of the infant of BPL and ST families to facilitate travel for regular health check up
0	Home (Police) department
1	Effective campaigns and action for prevention of child crime
2	Effective campaigns and action for prevention of child trafficking
3	Effective campaigns and action for prevention of child labour
4	To implement "Know your Police" campaign to build up confidence and understanding of children about the support of police during crisis
5	Effective campaigns and action for prevention of child abductions
6	Effective campaigns and action for prevention of child abuse
7	Effective campaigns and action for safe transport system for school going children
8	Traffic week celebration and development of traffic parks for children
9	Recruit school children as road safety police on holidays and vacations
P	Department of Cultural programs and youth affairs
1	To make arrangement of Balmela and exhibitions regarding "Nirogi Bal Varsh" in at District and taluk level
2	Organize cultural programs of children at taluk/district/state level
3	Organize Sports events for children at taluk/district/state level.
4	Organize Cultural / Sports coaching camps for children at taluk/district/state level
5	Organize Health messages and IEC campaigns on "Nirogi Bal Varsh" theme "bhavai", Play, "Dayara", "kathputli show etc. at taluk/district/state level
6	Organize heritage tours for children
Q	Tribal development
	Special nutrition supplementation for pregnant mother and children
	Intensive SCA control program
	Organization of "Hat clinics" on all major hat day . Providing all preventive and primary health care services through it
	Water supply and fuel related programs to ensure availability and to reduce high calorie expenditure of mother and young girls
	Nutrition care and support units development at tribal blocks for short term care of severely under nourished mother and children
	Public distribution system to be more user friendly and sale all basic comodities
	Iodised salt distribution subsidized/free families
	Organize Health messages and IEC campaigns on "Nirogi Bal Varsh" theme "bhavai", Play, "Dayara", "kathputli show etc. at taluk/district/state level
	Organize Health messages and IEC campaigns on "Nirogi Bal Varsh" theme in Tribal fairs
	Initiate and Popularise paramedic training course for tribal students

	Plan and implement mobile health/ anganwadi and schools for the remote hlmets
	Organization of regular health check up camps for mother and children
	Prepare special plan for health care of families with seasonal migration through adoption scheme
	Develop practical emergency transport service scheme
R	Department of food and civil supply
1	PDS system for tribals and urban poor to be more userfriendly
2	All basic commodities to be available at PDS
3	Kalyan chhab to be effectively adopted at PDS centers
4	Subsidised lodised salt to be sold in tribal blocks/districts
5	Pulses to be included in PDS scheme
6	A special scheme for subsidized/free cereals and pulses for family with a pregnant women and preschool child
7	Food fortification to reach up to remote needy area